

DEVELOPING STUDENTS' SOCIAL AND EMOTIONAL LEARNING THROUGH A WHOLE-SCHOOL APPROACH

NEWSLETTER

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Looking Ahead

This first mobility not only strengthened professional capacities but also deepened intercultural bonds among partner schools. It laid the foundation for future student workshops, creative activities, and upcoming mobilities.

Together, we continue working towards:

- Improving students' emotional resilience and wellbeing
- Strengthening teachers' SEL competencies
- Promoting inclusion and intercultural understanding
- Building a sustainable European partnership

Our journey has just begun – and we are excited about the impact this collaboration will create in our schools and communities.



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First Mobility Successfully Completed in France!

Our Erasmus+ journey has officially begun! The first mobility of our KA210-SCH project was successfully hosted in France, bringing together partner schools from France, Türkiye, Portugal and Spain for three days of intensive collaboration, professional exchange and intercultural sharing.

This first meeting marked an important milestone in our shared mission: strengthening students' Social and Emotional Learning (SEL) through a whole-school approach.

* Mobility at a Glance

January 13-15, 2026

📍 Location: France

📅 Duration: 3 Days

👤 Participants: Teachers from 4 partner countries

🎯 Focus: Social and Emotional Learning (SEL)

💻 Output: Draft framework of the SEL Guide

Why This Mobility Matters

This first mobility laid the foundation for a sustainable whole-school SEL model. Beyond professional learning, it strengthened trust, collaboration and shared responsibility among partner schools. It transformed ideas into practical action plans.



A Strong Start: Building a Shared Vision

The mobility began with partners establishing a common understanding of Social and Emotional Learning. Discussions focused not only on defining SEL and its five core competencies, but also on how these skills directly impact student wellbeing, engagement and behaviour in school life.

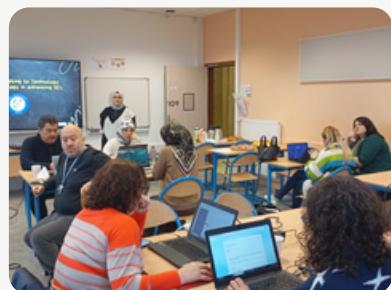


Participants explored how SEL can move beyond theory and become a natural part of everyday teaching practices. The host school shared inspiring examples of how SEL is integrated into classroom routines and school culture.

Teacher wellbeing was also a central theme. Practical strategies for reducing stress and supporting mental health were discussed, reinforcing the idea that emotionally balanced teachers create emotionally safe classrooms.

Innovation Meets Education

The second day highlighted the role of technology in strengthening SEL practices. Teachers explored how Web 2.0 tools and digital platforms can support reflection, collaboration and emotional expression in the classroom.



Did you know?

Research shows that strong SEL skills are directly linked to higher academic achievement, improved behaviour, and better mental health outcomes.

Artificial Intelligence in education was another key topic. Partners discussed how AI-based tools can personalize learning experiences and provide new opportunities to support students' emotional and social development.

The day concluded with collaborative material development sessions, where teachers worked together to design digital SEL-integrated lesson plans.



From Classroom Practice to Whole-School Culture

The final day focused on transforming individual classroom practices into a sustainable whole-school approach. Partners exchanged strategies for creating inclusive, supportive and positive classroom climates.

A major achievement of the mobility was the initial framework development of the project's SEL Guide. This guide will serve as a practical resource including lesson plans, activities and implementation strategies for teachers across partner schools.

In addition, Teacher Professional Development Communities (PDCs) were formally structured to ensure long-term collaboration and continuous professional growth.

The mobility concluded with a certification ceremony, celebrating the commitment and cooperation of all participating teachers.

Cultural Exchange!

Beyond academic discussions, the mobility also provided opportunities for cultural exchange. Partners experienced French school culture, shared national education practices, and strengthened intercultural understanding – a key value of Erasmus+ cooperation.